

## **Title: Report on Certificate Course in 'Mehndi'**



**Introduction:** This report provides an overview and evaluation of the Certificate Course in Mehndi offered at Swami Sahajanand Bharati College of Education, Shrirampur. The course aimed to provide students with comprehensive training in the art of Mehndi application, enabling them to develop their skills and pursue a career or hobby in Mehndi design. This report outlines the objectives, curriculum, activities, and outcomes of the course.

### **Objectives:**

1. To introduce students to the history, cultural significance, and various styles of Mehndi art.
2. To develop practical skills in applying different Mehndi designs, including traditional, contemporary, and bridal designs.
3. To enhance creativity and design sense in creating unique and intricate Mehndi patterns.
4. To foster professionalism, hygiene practices, and customer interaction skills in the context of Mehndi application.

**Course Curriculum:** The Certificate Course in Mehndi spanned duration of 2 weeks and included the following modules:

**1. Introduction to Mehndi Art:**

- Overview of Mehndi art, its cultural significance, and historical background.
- Exploration of different styles, patterns, and regional variations in Mehndi designs.
- Understanding the tools and materials used in Mehndi application.

**2. Basic Mehndi Techniques:**

- Step-by-step guidance on preparing Mehndi paste and achieving the right consistency.
- Practice of basic Mehndi strokes, shapes, and motifs.
- Demonstration and hands-on training in creating simple designs on paper and practice boards.

**3. Advanced Mehndi Designs:**

- Instruction and practice in creating intricate Mehndi patterns, including floral motifs, peacocks, geometric designs, and Arabic designs.
- Techniques for shading, filling, and adding depth to the designs.
- Introduction to contemporary Mehndi trends and fusion designs.

**4. Bridal Mehndi Application:**

- Detailed guidance on bridal Mehndi application, including full hand and full arm designs.
- Focus on bridal motifs, patterns, and techniques for creating elaborate designs.

- Emphasis on time management, client consultation, and professionalism in bridal Mehndi services.

### **Activities and Practical Sessions:**

- 1. Classroom Lectures:** Instructors delivered theoretical lessons on the history, cultural significance, and techniques of Mehndi art.
- 2. Hands-on Practice:** Students actively participated in practical sessions, practicing various Mehndi designs on their own hands, peers, and practice boards.
- 3. Design Workshops:** Experienced Mehndi artists were invited to conduct workshops, sharing their expertise and demonstrating advanced techniques and designs.
- 4. Bridal Mehndi Application:** Students had the opportunity to practice bridal Mehndi application on models, simulating real-life scenarios and refining their skills.

### **Outcomes and Impact:**

- 1. Skill Development:** Participants developed a strong foundation in Mehndi art, acquiring skills in applying various designs, creating intricate patterns, and mastering bridal Mehndi application.
- 2. Creativity and Design Sense:** The course nurtured students' creativity and design sense, enabling them to create unique and aesthetically pleasing Mehndi designs.
- 3. Professionalism:** Students learned professionalism in dealing with clients, maintaining hygiene, and managing time effectively during Mehndi application.
- 4. Career Prospects:** The acquired skills positioned students for potential career opportunities as professional Mehndi artists, offering services for weddings, festivals, and cultural events.

**Conclusion:** The Certificate Course in Mehndi at our B.Ed. College successfully provided students with comprehensive training in the art of Mehndi application. The course enhanced their

skills in creating various Mehndi designs, including bridal designs, and nurtured their creativity and design sense. Students gained professionalism and customer interaction skills necessary for a career in Mehndi art. Based on its success, it is recommended that the college continues offering such vocational courses to empower students with artistic skills and broaden their career prospects in the field of Mehndi art.

